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Your essential daily news | THURSDAY, OCTOBER 27, 2016

High 6°C/Low 0°C It'll be a wet afternoon



More one-way roads



Skinny roads

OTTAWA TRAFFIC SAFETY FIXES JAMMED

Issues on your street? City's got you covered — but it may take a while
metroNEWS



Speed humps



Textured sidewalks

Funny cats, Rick Astley, city council

LIVE STREAMING

We will now be able to watch city hall biz on YouTube



Haley Ritchie
Metro | Ottawa

Ottawa's city councillors will soon be joining funny cat videos, teen vloggers and Rick Astley on YouTube.

Documents released Wednesday note that the city's live streaming service will be getting a modern overhaul in early 2017, allowing residents to watch city hall business from their own computer.

The city currently uses Microsoft Silverlight to stream council and committee meetings, but the software has been buggy at best and currently doesn't work on many computers.

"Microsoft no longer support or components — and they are at risk of failing at any time," said Kiel Anderson, manager of policy and tech solutions, in an email statement from city communications. "To ensure there is no disruption in service to the public, the Clerk's Office, working with IT Services and the Purchasing Office, proactively sought out a replacement solution this past spring."

The city chose YouTube because it's compatible with multiple browsers and devices, will allow for ample storage and the city can broadcast on both French and English channels. The City of Toronto also uses YouTube to broadcast meetings.

The new system will also have some new features to make it easier to find and watch specific items of interest. Residents will be able to click certain agenda items to go straight to that moment of the stream, instead of watching an entire meeting.

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RYAN TUMILTY/METRO

MONUMENT

'On budget and ahead of schedule'



Ryan Tumilty
Metro | Ottawa

The National War Memorial's facelift is nearly complete, with the government expecting to take down construction fencing next week.

The Cenotaph on the north end of Elgin Street has been under repair since early spring, but that work is coming to an end and the memorial will be ready for Remembrance Day ceremonies later this year.

Pierre-Alain Bujold, a spokesperson for Public Works and Government Services Canada, said the project has gone very well.

"The project is expected to be completed on budget and ahead of schedule on Friday, Nov. 4," he said.

The 77-year-old memorial was first erected to honour soldiers who fought in the First World War, and it now honours soldiers from the Second World War and Korea as well.

In July 2014, work was completed to stabilize the structure of the monument. This most recent project was meant to clean and repair the monument itself.

War Memorial gets a facelift

1

CONCRETE

The concrete slab at the base of the monument was repaired and replaced.

2

SCULPTURES

The bronze sculptures were re-waxed with a new protective coating designed to protect them.

3

PAVERS

Cracked pavers were replaced.

4

MASONRY

The stonework on the monument was also repaired and cleaned.

EMERGENCY SERVICES

Children's hospital sees huge spike in mental health crisis visits

Emergency room visits for mental health have risen dramatically at the Children's Hospital of Eastern Ontario over the last five years, with one psychiatrist pointing to society as a cause.

The hospital has seen a 75 per cent increase in mental health visits over the last five years and a 42 per cent jump in referrals.

In the 2009-10 fiscal year, there were 1,773 visits to the emer-

gency room — a number that rose to 3,073 in 2014-15.

Psychiatrist Dr. Michael Cheng said one positive interpretation of the numbers is that people are more comfortable talking

about mental health.

"People are more willing to feel that they have an issue and seek help, whereas a generation ago I think people may have had an issue, but would be less will-

ing to seek help," he said.

Cheng said children need strong familial relationships and they're not always getting that.

"Today's kids are disconnected from many of the things which in

the past might have helped them feel connected," he said. "Many of today's teenagers spend more time in front of a screen than in front of another human being."

RYAN TUMILTY/METRO



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Speed humps



The city has many traffic-calming tools at its disposal, and speed humps — like speed bumps but less abrupt — could eventually be implemented after a study of a problem street.

Textured sidewalks



Installing bricks or other textured surfaces is meant to reduce the dominance of motorized vehicles and tell drivers they need to respect the area.

Directional closure



One way to reduce the volume on a street is to close it off to vehicles from a certain direction, as seen here.

Skinny roads



Using raised sections extending from sidewalks to narrow a street are meant to slow drivers as they pass through.

One-way streets



Converting a street from a two-way to a one-way is used to reduce the volume of traffic. However, making a one-way street into a two-way can be used to reduce speeding.

Traffic safety stuck in slow lane

INFRASTRUCTURE

Problem streets identified years ago still haven't been improved



Adam Kveton
For Metro | Ottawa

If you have concerns about traffic safety on your street, there is good news — the city has a program that can study and implement permanent changes.

The bad news is it can take more than a decade for the study to start.

Data released to Metro show a backlog of 73 studies that the

city has approved via its Area Traffic Management Program. These are studies waiting to be done — but for roads that have already been identified as having traffic issues, that could make them dangerous for pedestrians and/or cyclists.

The requests for some of these go back as far as 2002.

The program, managed by Heidi Cousineau, is able to complete between five and 10 studies a year, she said. But this year, there have already been five new requests approved.

She says the backlog rarely shrinks.

Cousineau points to a historical lack of budget resources as a reason for the backlog. But, since 2012, the program has received more consistent funding and has

73

The number of road studies in the city's backlog that have been approved, but never completed.

been able to make progress, especially in “significantly reducing” a long list of already approved traffic-calming measures that the city inherited after amalgamation.

The program now has six proposed traffic-calming measures left over from studies done in the 1990s, with most other measures from 2012 onward.

But the list of studies is an-

other matter, with some approved studies having to be axed. The city prioritizes which studies are most urgently needed, and only cuts them after speaking with the councillor and requestor, or if the study is deemed to no longer be needed, said Cousineau.

The guidelines that the program follows, which were approved in 2004, are also slowing down the process.

“We are proactively looking at if we can modernize the process and shorten the process in some cases so that we can complete more studies,” said Cousineau, adding that a review of the guidelines is planned for next year.

In the meantime, Cousineau is co-ordinating with the city's temporary traffic-calming pro-



Almost nothing in the traffic-calming world.

Coun. Rick Chiarelli, on \$40,000 of funding

gram to implement temporary measures on roads still waiting for review.

Another measure, which began last year, gives city councillors \$40,000 each to spend on things like flexi-posts, painted speed markings and speed boards.

As a whole, however, councillors spent less than a fifth of that money in 2015.

Some said they didn't have enough time to identify problem roads to spend on because the program began partway through the year.

On the other hand, Coun.

Rick Chiarelli has previously said \$40,000 “is almost nothing in the traffic calming world,” adding that more money is needed to make a real difference.

Before a road is placed on the waiting list for study under the Area Traffic Management Program, staff must already have confirmed that a serious collision on the road involving a “vulnerable street user” has occurred in the past three years, or several other criteria, like consistent speeding, significant through traffic and a higher than average collision rate.

WITH FILES FROM EMMA JACKSON

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Causeway offers path out of payday woe

LENDING

Ottawa group builds 'fair and reasonable' alternative

The Causeway Work Centre says it plans to open a new fund early next month aimed at giving residents another option to high-interest payday loans.

The not-for-profit agency has raised \$100,000 from several credit unions and donors to serve as loan guarantees for the Causeway Community Finance Fund.

The fund will provide small, short-term loans at "fair and reasonable rates" to individuals who are caught in the "burdensome cycle" of payday lending, Causeway said in a statement. It added that repayment terms will be "flexible" and that fund managers will work with their

clients to help them improve their financial literacy skills.

Payday lenders have proliferated across the province over the past decade. In 2014, the Ontario government commissioned a report by Deloitte that found there were nearly 800 payday lenders in the province issuing up to \$1.5 billion in loans to 400,000 Ontarians each year.

While the industry argues that it provides a valuable service to individuals who may be unable

to access other forms of credit, others have criticized the high interest rates typically charged by payday lenders.

The Causeway Work Centre is based in Hintonburg and supports individuals in overcoming disabilities and other challenges to help them find work and live more independently.

The fund will be officially launched next week on Friday, Nov. 4.

OTTAWA BUSINESS JOURNAL



An Ottawa group plans to open a fund to offer an alternative to high-interest payday loans. RON ALBERTSON/TORSTAR NEWS SERVICE

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SAFE CYCLING

PR blitz on bikeway after first-day crash



Emma Jackson
Metro | Ottawa

The O'Connor bikeway is still safer than no bike lanes at all, councillors and city staff insist after a cyclist was hit on the brand-new segregated lane Tuesday evening.

Ottawa police were called to O'Connor and Waverley streets around 5:20 p.m., where a 44-year-old cyclist had non-life threatening injuries. A 71-year-old woman was charged with failure to yield to traffic.

Timing couldn't have been worse, as politicians and cycling advocates had officially opened the new bi-directional bikeway with great fanfare just two hours before.

But Capital ward Coun. David Chernushenko said he believes the bikeway is still "much better than what we've had before."

O'Connor is a one-way south-bound street, so drivers are not used to checking both ways before they turn, he said. Cyclists and drivers just need time to learn how the new infrastructure works.

To that end, staff installed temporary digital signs reminding drivers to watch for cyclists when turning almost immediately after the collision.

"There are yield signs right there, but this is an added signage," said Vivi Chi, manager of transportation planning at the city. "We felt we had to make



The new O'Connor bikeway officially opened Tuesday, just hours before a cyclist was struck by a car.

EMMA JACKSON/METRO

it really visible for drivers."

The signs will likely remain on site for another week, Chi said, and ambassadors from Citizens for Safe Cycling, EnviroCentre and police are out in full force to make sure drivers and cyclists understand the system.

Chernushenko said he wants staff to also consider more permanent tweaks to make it crystal clear cyclists are going both directions.

"I am sure there is something we can do to make that clearer to people," he said.

Chi said her team is monitoring the bikeway and has the power to install more signs, road markings or other tweaks as necessary.



IN BRIEF

Murder charges after weekend stabbing in city

An Ottawa man faces second-degree murder charges after a 26-year-old was stabbed to death in the city's west end on Saturday morning.

Police have charged 27-year-old Brandon Ethier in the death of Joshua

Brière, who was found critically injured outside a house on Clyde Avenue early Saturday morning. He was pronounced dead at hospital.

Ethier appeared in court Tuesday, police said.

Brière's death was the 16th homicide in Ottawa this year. EMMA JACKSON/METRO

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5 parties to get your ghoul on

It's not every day that you see undead burlesque zombies stripping down to their birthday bones on the country's creepiest night. And forget about trying to get in the middle of a sonic battle between King Kong and Godzilla — the two musical monsters will have you twitching in minutes. Welcome to Halloween weekend in Ottawa. Metro has you covered on the party front. **TREVOR GREENWAY/FOR METRO**

1 Sonic soul

TIMEKODE and Double Barrel come together for an old-school Halloween howl Friday night — and they're bringing the ghosts of funk past with them. DJs Memetic, Zattar and Magnificent will be spinning classics on 7" vinyl all night — you'll feel like you're back in the '70s, when the Exorcist was still considered a scary movie. The event takes place at D'Afrique Restaurant & Bar at 10 p.m. Cover is \$10.



CONTRIBUTED

3 Free candy

Follow Harea Band into a hazy night of soothing boozing at Live! On Elgin. The band will be tossing out free candy to all you sugar-seeking suckers. Wicked prizes for wicked costumes at this one, so break past the Snapchat deer filter costume and wear something creative and hella-creepy. Opens at 8 p.m.; \$15 or \$10 with a costume.



CONTRIBUTED



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5 Burlesque

What's better than getting your brains eaten off by a group of undead zombies? Watching them seductively strip off their clothes first. The annual event is arguably the city's most bizarre bash that will make any square couple feel like Janet Weiss and Brad Majors from the Rocky Horror mansion. Takes place 9 p.m. Monday at Babylon Nightclub. Cover is \$15.



CONTRIBUTED



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2 Deep Therapy

Things will get weird quick at Mercury Lounge Saturday night when DJs Sergio Pari, Ali Harb and Trevor Walker drop deep underground house. Revellers are encouraged to dress in black and wear a white mask to add to the creep. This is what nightmares are made of. The party starts at 10 p.m. Saturday for \$14.

4 Escape Manor

Lock 'em up and throw away the key. There aren't too many people who will voluntarily be locked up inside an abandoned mental asylum or haunted mansion with only a few clues to get out. But if you're one of those quacks, then join the hundreds of others at Escape Manor's Halloween party. Try to beat the best at mini escape competitions, prove you're a pinball wizard and bounce to a video DJ dance party. This sounds like Electric Circus all over again. Who would ever want to escape that? The party starts at 9 p.m. on Saturday at Lowertown Brewery. Cover is \$13.

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The art piece 'Les Yeux,' in 2012 before it was refurbished, has recently been taken down and put in storage ahead of University of Ottawa redevelopment. ADAM KVETON/FOR METRO

Eyes moved out of sight

ART INSTALLATION

School opts to remove wall adornment for safekeeping



Adam Kveton
For Metro | Ottawa

If you've stopped getting the feeling that someone is watching you as you drive past the University of Ottawa campus by way of the canal, you're definitely not paranoid.

The university's large and prominently placed art installation of a pair of stylized eyes rendered in black-and-white has been taken down in advance of redevelopment, the school says.

The piece, which has adorned the southwest facing wall of the MacDonald Hall building since 1973, has been "carefully removed and

stored for safekeeping," said spokesperson Isabelle Mailloux Pulkinghorn.

She would not comment on the specific redevelopment, nor when — or where — the eyes are expected to be put back up again. But the university's master plan, released in 2015, shows MacDonald Hall is slated for demolition along with several other buildings.

Those structures are described as being "either deficient for their intended use, have significant physical issues or prevent more substantial development on their site," in the plan.

The art installation, called "Les Yeux," was made by Canadian printmaker James Boyd, and was refurbished by Luc Doucet several years ago after the dean of science at the university, André Lalonde, stepped down and asked that the piece be restored, according to a University of Ottawa publication. A fundraising campaign raised more than \$35,000 for the project.

CRIME

Student with 'realistic' replica handgun charged

Ottawa police charged a 17-year-old student with possession of a weapon after finding a replica handgun in his backpack.

A call to police Tuesday triggered a lockdown at Mother Teresa High School and others in the area. A

student was later arrested in the school, according to news reports. The student is facing charges of possession of a weapon, carrying a concealed weapon and mischief.

Police said no one was threatened with the weapon or injured from the incident.

ADAM KVETON/FOR METRO

EMERGENCY CREWS

Council votes to add more paramedics



Ryan Tumilty
Metro | Ottawa

City council voted Wednesday to add 38 new paramedics over the next two years as Ottawa tries to lower response times and provide more consistent service to rural communities.

Councillors approved the new positions — on top of 12 they approved earlier this year — without debate Wednesday.

The 12 approved earlier this year were the first new positions added since 2011. The system has seen increased demand over the last few years, as Ottawa grows and the population ages.

They aim to respond to life-threatening calls within eight minutes 75 per cent of the time, but that has slid in recent years, falling to 72.5 per cent in 2015.

When ambulances in the core of the city are tied up, crews are pulled in from rural

areas and even from surrounding communities.

Mayor Jim Watson said the new positions should stop that happening as frequently as it has been.

"We want to ensure we are not constantly calling on the outlying communities to back up our system," he said.

At the end of three years, adding the positions will ultimately cost the city an additional \$4.1 million a year.

Rideau-Goulbourn Coun.

Scott. Moffat said this addition will bring the city in line with its own standards.

"It's not going to increase any standards that we have. It will just allow us to hit them," he said.

Moffat said the city has to watch the issue closely and ensure it doesn't fall behind again, but keeps up with the demand.

"We need to make sure that come 2020, 2024, 2028, we are not playing catch up anymore."

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City mulls urban camping for Canada's big birthday

OTTAWA 2017

Celebration a chance to profit from tourism, say officials



Haley Ritchie
Metro | Ottawa

As hotels fill up for Canada Day 2017, the city is considering allowing people to book sites for "urban camping" in front of city facilities like recreation complexes and arenas.

"We're getting close to reaching full capacity in hotels, so that's why we asked to table this motion before council," said Guy Laflamme, executive director of Ottawa 2017.

Sites chosen by city staff for consideration include the Bob Macquarrie Recreation Complex, Ray Friel Recreation Complex, Richelieu-Vanier Community Centre, St-Laurent Recreation Complex, Nepean Sportsplex, Earl Armstrong Arena, Kanata

Ottawa may let renters camp out in tent sites on city-owned property. CONTRIBUTED

Leisure Centre, Jim Durrell Recreation Centre, Tom Brown Arena and Cumberland Village Heritage Museum.

All 10 sites include



green space for tents, exterior parking and shower and bathroom facilities for campers.

Setting up a tent on a city lawn is normally against the city's bylaw, so council would need to approve a temporary exception. That will be discussed Nov. 9. Ottawa 2017 wants the temporary bylaw exception to come into effect around Canada Day, spanning six days, from June 29 until July 4.

Fees for tent sites would be around \$100 a night.

For RVs, the costs range from \$150 to \$210 per night, depending on the size of

the lot needed. All lots would accommodate up to six people, but additional people up to a limit of 10 could be added for another \$25 a night per person.

Laflamme said the city is charging on a cost-recovery basis. The city said general manager Dan Chenier was not available for an interview and could not clarify what kind of costs those fees would cover.

Laflamme said local residents worried about inconveniences

should be consoled by tourism dollars spent in their neighbourhood.

"People need to keep in mind that this is a very unusual, unique circumstance," he said. "It's not every year that we can celebrate Canada's 150th. As a capital we have the chance to benefit from the economic impact."

Although Ottawa has upwards of 9,000 rooms, very few hotels still have availability for those dates surrounding Canada Day celebrations. A search for June 29 to July 4 availability on the Ottawa Tourism website returns six options, ranging from \$191 a night at the Kanata Comfort Inn to \$937 a night at the Chateau Laurier.

More than 300 Airbnb rentals are still listed as available for those dates.

\$100

Fees for the tent sites would cost guests around \$100 per night.

FINANCE REFORM BILL

Ban on staff going to fundraisers nixed

Ontario's Liberal government has nixed the idea of using legislation to ban chiefs of staff and other behind-the-scenes political decision makers from attending fundraisers, as they prepare to prohibit politicians from doing the same.

The Liberals released a list Wednesday of amendments they are proposing to an election finance reform bill, which they introduced amid criticism — over fundraising events that saw cabinet ministers attend private, high-priced functions with stakeholders. The bill would ban corporate and union donations.

Under the amendments, any members of provincial parliament, party leaders, nomination contestants, candidates and leadership contestants would not be able to attend fundraisers.

But they could still attend events where the ticket price only recovers the cost of the

hosting it, and solicit funds by mail, phone or email.

Last month, Attorney General Yasir Naqvi said he had not ruled out extending the



What started all this, of course, is cash for access here in the Liberal government.

Vic Fedeli, PC

"What started all this, of course, is cash for access here in the Liberal government," said Progressive Conservative Vic Fedeli. "The fact that today's amendments show that they're still going to allow the chiefs of staff, that's egregious. They're just turning the cash for access from the politicians to the Liberal government's chiefs."

NDP Leader Andrea Horwath echoed Fedeli's comments, saying even with the proposed amendments, the bill still allows cash for access.

THE CANADIAN PRESS

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Kids' wellbeing worsening

BRITISH COLUMBIA

Investment needed to offset effects, expert says



David P. Ball
Metro | Vancouver

As child poverty in British Columbia climbs, kids are reaching school age more vulnerable than anytime in the past 15 years, a new University of B.C. report has found.

One in every three B.C. children now enters Kindergarten under-performing on a childhood wellbeing index developed by the university's Human Early Learning Partnership, the Early Development Instrument (EDI).

"We've tried to understand how children are doing," explained UBC school of population and public health researcher Martin Guhn in a phone interview, "and what the context factors are related to their health, wellbeing, and vulnerability."



"Historically, people looked at IQ or language development. But with the EDI, we tried to be more broad and holistic."

To achieve that, HELP relied on questionnaires Kindergarten teachers across the province fill out for each student every February. The teachers are asked to rate each child based on their

physical health, social skills, emotional maturity, language development and communication abilities.

The results of this year's report: roughly 14,000 British Columbia kids — 32.2 per cent of children — are deemed vulnerable in at least one of EDI's wellbeing measurements when they

reach elementary school. A decade ago, it stood at less than 30 per cent, he said.

"It has slowly crept up," Guhn warned. But he added that not all the indicators were negative; B.C. kids' literacy and numeracy have improved. Instead, teachers are reporting worsening aggressive and hyperactive behaviours among six-year-olds.

He said that there's no single cause, but researchers believe it may be linked to everything from sugary and fatty diets to plastics and lead in the environment, and a lack of physical activity and outdoor playtime.

"None by themselves can explain the shift we've been seeing," he cautioned.

The findings don't surprise one B.C. organization that's followed the EDI closely over re-

cent years.

"Children seem to be having an increase in challenges around social and emotional development and their ability to self-regulate," said Joanne Schroeder, executive director of the Comox Valley Child Development Association, who also noted an observable rise in childhood anxiety. "Generally as a population, we're more stressed and anxious, and our kids are certainly reflecting that."

She attributed the problem to several factors, including parents overprotecting kids — "bubble-wrapped children," she quipped, "protected from confusion, disappointment and mud puddles" — but also said high levels of child poverty in B.C. are a major factor in children's wellbeing.

"The stress of living in poverty is not good for kids' development," she said. "Many families with young children are working long hours to balance child care and shift work."

"We definitely need increased public investment in early childhood development, and in child care in particular, and also early childhood services which are a bit fragmented."

CRIME

Province may review nursing homes

A review of Ontario government oversight of nursing homes will be launched "at some point" if one is needed in the wake of a nurse allegedly killing residents, Premier Kathleen Wynne said Wednesday, but the criminal investigation comes first.

Provincial NDP Leader Andrea Horwath pressed the government on if it would conduct a review to ensure Ontario's 78,000 long-term care residents are safe, following news that a nurse was charged with eight counts of first-degree murder in the deaths of nursing home residents in southwestern Ontario.

That's exactly the question the police are trying to answer, Wynne said.

"It's absolutely imperative that the police have the opportunity to do the work that they need to do to get to the bottom of the questions that are obviously being asked by everyone."

"At some point if there is a need for an independent review or an inquiry we will absolutely undertake that."

THE CANADIAN PRESS

Canada falls in global gender parity rankings

"Because it's 2015" may have been reason enough for Canada's Prime Minister to close the gender gap in cabinet last year, but that didn't stop the country from dropping in global rankings of gender parity this year.

Canada ranked 35th on the World Economic Forum's 2016 Global Gender Gap Report,

dropping five positions from last year, largely due to lower scores on economic participation and opportunities.

The annual survey of 144 countries measures such factors as salary, educational attainment and the number of women in senior workplace and political positions. Globally,

the survey found the widest gap between the sexes exists in political empowerment.

Canada recorded a drop in female legislators, senior officials and managers, it said. But the forum acknowledged advances made at the Parliamentary level in Canada.

The U.S. also fell, to 45th,

down from 28th in 2015, largely due to a decrease in women's economic participation and opportunity.

The Switzerland-based forum's annual report suggested it will take another 170 years to close the global wage gap between the genders if current trends continue. That was

worse than estimates last year — that it would take another 118 years to close the gap entirely.

Globally, the report suggested the education gap could be fully closed within 10 years and it gave Canada full scores on educational attainment for women. TORSTAR NEWS SERVICE

+ EQUALITY

The top five countries for gender equality were:

Iceland, Finland, Norway and Sweden and Rwanda, where the constitution requires women to hold at least 30 per cent of top political roles. Yemen was ranked last on the index.

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MANITOBA

Farmer canoes daily to stranded cattle after deliberate flooding



Jessica Botelho-Urbanski
For Metro | Winnipeg

About 400 cattle are stranded and could soon be starving on a family farm in northwest Manitoba due to the forced flooding of a nearby lake.

Farmer Tim Berscheid is travelling by canoe daily to feed his cows, calves and bulls, which are stuck on what used to be a dry pasture. He said he has enough dry hay to feed them until Thursday and beyond that he's "still trying to solve that puzzle."

"I'm running out of time, I'm running out of feed and I'm still looking for options," Berscheid said by phone.

Berscheid's farm of about 35 years is located in the rural mu-



About 400 cows, bulls and calves are stranded on a northwest Manitoba farm.

CONTRIBUTED

nicipality of Kelsey, a community of about 2,100 people close to 620 kilometres northwest of Winnipeg. The area has seen extreme flooding due to heavy rainfall this past summer.

Next door to Berscheid's farm is Pasquia Lake, a basin that's

been deliberately flooded numerous times in the last six weeks because of the excessive rainfall.

The decision to pump the lake is made by a committee with members from the Pasquia Growers Association, the RM of Kelsey and provincial government officials.

Berscheid said he has a meeting scheduled with a spokesperson from the provincial agriculture department Thursday to try to find solutions for his situation.

The deliberate lake pumping was necessary because of "unprecedented rains and flooding for this time of year," a spokesman from Manitoba Agriculture said. "As a result, pumps near this property are activated in accordance to guidelines developed in consultation with a committee."

Clinton on cusp of history: Poll

U.S. ELECTION

Democratic nominee has significant lead

Hillary Clinton appears on the cusp of a potentially commanding victory over Donald Trump, fueled by solid Democratic turnout in early voting, massive operational advantages and increasing enthusiasm among her supporters.

A new Associated Press-GfK poll released Wednesday finds the Democratic nominee has grabbed significant advantages over her Republican rival with just 12 days left before Election Day. Among them: consolidating the support of her party and even winning some Republicans.

"I'm going to pick Hillary at the top and pick Republican straight down the line," said poll respondent William Goldstein, a 71-year-old from Long Island, New York, who voted for Mitt Romney in 2012. "I can't vote for Trump."

Overall, the poll shows Clinton leading Trump nationally by a staggering 14 percentage points among likely voters, 51-37. While that is one of her largest margins among recent national surveys, most show the former secretary of state with a substantial national lead over the billionaire businessman.

The AP-GfK poll finds that Clinton has secured the support of 90 per cent of likely Democratic voters, and also has the backing of 15 per cent of more moderate Republicans. Just 79 per cent of all Republicans surveyed say they are voting for their party's nominee.

With voting already underway in 37 states, Trump's opportunities to overtake Clinton are quickly evaporating — and voters appear to know it. The AP-GfK poll found that 74 per cent of likely voters believe Clinton will win, up from 63 per cent in September.

Troubles with President Barack Obama's signature health-care law have given Trump a late opening. But even Republicans question whether the rising cost of insurance premiums is enough to overcome the damage the businessman has done to his standing with women and minorities.

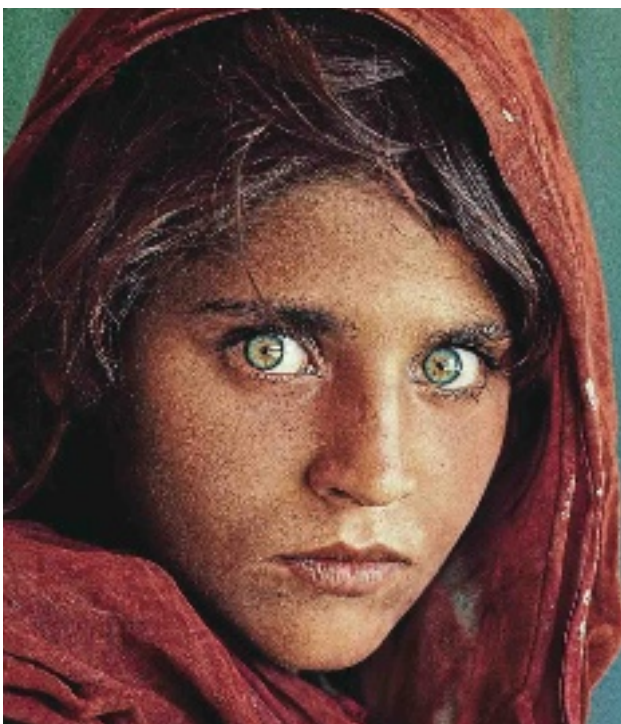
"Donald Trump has spent his entire campaign running against the groups he needs to expand his coalition," said Whit Ayres, a Republican pollster who advised Florida Sen. Marco Rubio's failed presidential campaign. Ayres called Trump's campaign "strategically mindless."

Even if Clinton's support plummets in the contest's closing days, or she's unable to motivate strong turnout in her favour, it's not clear that Trump could marshal the resources to take advantage and collect enough states to win the 270 electoral votes needed to claim the White House.

Clinton's team has overwhelmed Trump's campaign in its effort to turn out voters.

An Associated Press review of campaign finance filings finds that her campaign, the Democratic National Committee and Democratic parties in 12 states have more than three times as many paid employees as Trump's campaign and the main Republican organizations supporting him.

THE ASSOCIATED PRESS



PAKISTAN FAMED 'AFGHAN GIRL' ARRESTED A Pakistani investigator says the police have arrested National Geographic's famed green-eyed 'Afghan Girl' for having a fake Pakistani identity card. Officials arrested Sharbat Gulla during a raid on Wednesday at a home in Peshawar. Gulla was an Afghan refugee girl when she gained fame in 1984 after photographer Steve McCurry's photograph of her, with piercing green eyes, was published on the cover of National Geographic. AFP/GETTY IMAGES

IN BRIEF

UN chief says including women in peace negotiations pays off

Secretary-General Ban Ki-moon says including women in negotiations to end conflicts pays off in longer-lasting peace deals.

The UN chief cited one finding among many: "Peace accords are 35 per cent more likely to last at least 15 years if women are at the table."

He expressed anger at the meeting on Women, Peace and Security that women continue to be excluded and ignored in many peace processes. He asked council members to look at peace negotiations on Syria or Yemen, saying "there may be one woman at the table."

THE ASSOCIATED PRESS

CALAIS

The new jungle: Migrants gathering in unknown place

The grim camp known as "the jungle," a symbol of Europe's failure to come to grips with its crisis over asylum seekers, is no more.

French authorities declared Wednesday they had cleared out the camp after most of its thousands of residents were driven away on buses — an evacuation accelerated because some of the frustrated, departing migrants set fire to parts of the burgeoning slum.

Smoke hung in the air as dusk fell, its stench a reminder of how one of the world's wealthiest nations was unable to create order at the camp, where those fleeing war and poverty have lived in squalor for months or longer.

Most of the camp's former



Migrants stand on a hill overlooking the "Jungle" migrant camp in Calais, France on Wednesday. AFP/GETTY IMAGES

residents, foiled in their bid to enter Britain despite reaching the port city of Calais on the edge of the English Channel, are being relocated to communities throughout France.

"This jungle is no good. We go to new jungle," said a 20-year-old

Pakistani, Muhammad Afridi.

He said he was joining 30 friends in a place he refused to identify that could be used as a jumping off point for clandestine, and risky, passage to England.

THE ASSOCIATED PRESS

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CHANTAL HÉBERT ON THE SUPREME COURT APPOINTEE



Only a few months ago, a legal creature with Malcolm Rowe's attributes was widely deemed to not exist. Trudeau was deluded, some argued, if he thought he could find a bilingual Newfoundland-and-Labrador jurist with sterling credentials

As Justice Malcolm Rowe — Prime Minister Justin Trudeau's first appointee to the Supreme Court — fielded a barrage of questions from MPs and senators on Tuesday, there was nothing to suggest that he was not a flesh-and-blood person.

And yet, only a few months ago, a legal creature with Rowe's attributes was widely deemed to not exist.

Trudeau was deluded, some argued, if he thought he could find a Newfoundland-and-Labrador jurist with sterling credentials and the ability to work in either of Canada's official languages.

To read and listen to some of the commentary, one might have thought the prime minister had sent his headhunting committee on a quest for a unicorn. It may be that John Crosbie and Brian Tobin are to blame for that impression. Despite spending decades on Parliament Hill, neither of those famous political sons of N.L. managed to become fluent in French — at a cost to their national leadership aspirations.

And yet, not only does Rowe fit the job description, but in 2016 his status as a functionally bilingual non-Quebec jurist does not necessarily make him all that exceptional.

According to former prime minister Kim Campbell, who oversaw the process that

led to the short list Trudeau chose Rowe from, more than a few of the applicants her group considered would have been both valuable additions to the Supreme Court roster and satisfied the language

ciency in English.

When it comes to requiring fluency in both official languages to sit on the Supreme Court or, for that matter, to lead a federal party, the real question is not whether

points across.

Just last week, NDP Leader Thomas Mulcair mocked the prime minister, in French, after the latter called him "le membre". In street French, the expression can refer to a male private part. That was lost on Hansard translators. They quoted Mulcair as reprimanding Trudeau for having used the word "deputy."

Rowe's appointment has put flesh on the bone of the Liberal requirement that applicants for a Supreme Court appointment should be functionally bilingual. At one point, Justice Minister Jody Wilson-Raybould suggested it might not be necessary to speak French and English to meet the criteria.

Rowe's appointment sets the bar quite a bit higher. There are contenders currently running for Stephen Harper's succession who could not meet it.

By all indications, the bilingualism criterion for Supreme Court appointments is here to stay. Wilson-Raybould told a parliamentary committee as much this week. It will be hard for future governments to set aside the practice, or for this one to lower the fluency standard it has just set with this appointment.

The next scheduled Supreme Court vacancy is expected to be that of chief justice Beverley McLachlin, who will reach the compulsory retirement age of 75 in 2018.

Anyone interested in vying for a seat on the top court should consider that fair warning. He or she has two years to hit the books.

Chantal Hébert is a national affairs writer. Her column appears in Metro on Thursdays.



THE CHOSEN ONE Justice Malcolm Rowe smiles during a question-and-answer session with members of the Commons justice committee on Tuesday in Ottawa. THE CANADIAN PRESS

requirement.

And yes, they hailed from every region of the country.

It should not come as a surprise that there is a discrepancy between the actual language proficiency of many non-Quebec judges and lawyers and the perceptions of the politicians and pundits who argue that to appoint Supreme Court justices among the ranks of bilingual applicants is to fish in an overly shallow pool.

After almost two decades at the Toronto Star, I still do not know exactly how many of my colleagues can handle an interview in French for we tend to speak to each other in English. Back when I mostly worked for French-language media organizations, the same was true when it came to the other journalists' profi-

otherwise qualified candidates will not be considered, but whether those who are would make the short list if French/English bilingualism was not a criterion.

In the case of Justice Rowe, the answer is yes.

Based on his answers to the NDP and the Bloc Québécois Tuesday, a French-speaking lawyer would feel confident that if he or she were to plead in French, Rowe would grasp the nuances of the arguments.

That is not a whim, for nuances and sometimes a bit more than that are often lost in simultaneous translation. Just ask the Senate's French-speaking members. Most of them stuck to English during the debate over medically assisted suicide last spring for fear of not getting their

VICKY MOCHAMA

Male-female pay gap is cities' problem, too

At 2:38 p.m. on Monday, the women of Iceland left work.

They weren't slacking. They didn't go shopping. This was a protest.

Iceland has been called the most feminist country in the world, but the women there typically earn at least 14 per cent less than men. The protest organizers thought it only fair, therefore, that women should work 14 per cent fewer hours. Even if only for a day.

I couldn't have made the point better myself. I'd love to see the same protest here.

But in an economy as regionally diverse as Canada's, Iceland-style walkouts would vary from city to city. In Winnipeg, women who arrived at work at 9 a.m. would be on the street at 3 p.m. (if they skipped lunch); in Edmonton the 9-to-5 men would be on their own as of 2:12.

Where a woman lives can determine how much the pay gap affects her quality of life. Cities can't wait for federal or provincial governments to make the problem go away. Cities need to take responsibility now. Women can't afford the wait.

The federal government is considering a law mandating pay equity for federally regulated workers. But that legislation won't be tabled until 2018. I have "end patriarchy" scheduled for 2017, so that seems a little late. In the meantime, there's work that cities should do.

Armine Yalnizyan of the Canadian Centre for Policy Alternatives, told me that cheap and efficient social

services can help close the gap between men and women. "If you have affordable childcare in your community, your boss doesn't need to pay you more."

For example, transit greatly affects women's ability to work. It also determines which neighbourhoods they can live in and whether their kids can safely get around. In this way, city governments can work to give women more options and a better quality of life without having to rely on employers to raise wages, or on higher levels of government to mandate wage increases.

I'm sure the Prime Minister would love to click his heels and grant women the money they've been missing. But pay equity isn't just a problem for the feds. City centres need to take it seriously too. If not, urban women from all backgrounds might just start taking longer lunches.

CITY BY CITY

Regional gaps

Women's average earnings as a percentage of men's average earnings

- 1 **Ottawa** — 78%
- 2 **Toronto** — 77%
- 3 **Winnipeg** — 75%
- 4 **Vancouver** — 73%
- 5 **Halifax** — 71%
- 4 **Calgary** — 68%
- 5 **Edmonton** — 65%

Source: Centre for Policy Alternatives

By all indications, the bilingualism criterion for Supreme Court appointments is here to stay.

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A boy's shy smile and tragic death



Joseph Boyden in Toronto last Thursday. Fifty years since the untimely death of Chanie Wenjack, Joseph Boyden is part of a collective of Canadian artists bringing renewed attention to the indigenous boy's tragic story. CHRIS YOUNG/THE CANADIAN PRESS

RESIDENTIAL SCHOOLS

Joseph Boyden cried while writing about Chanie Wenjack

Fifty years since the untimely death of Chanie Wenjack, Joseph Boyden is part of a collective of Canadian artists bringing renewed attention to the indigenous boy's tragic story.

The acclaimed author and his friend, Tragically Hip frontman Gord Downie, first learned of Chanie's story from Downie's brother, Mike. He directed them to a 1967 Maclean's article by Ian Adams called *The Lonely Death of Chanie Wenjack*. Boyden was also aware of the song *Charlie Wenjack* by the late aboriginal singer and activist Willie Dunn.

Chanie was forcibly removed from his family home in the northern Ontario community of Ogoki Post and sent to the Cecilia Jeffrey Indian Residential School in Kenora, some 600 kilometres away. He eventually fled but died trying to find his way home. His body was discovered along railroad tracks. Chanie was only 12.

His death led to the first public inquiry into residential schools in Canada. The last of those institutions was shuttered in 1996.

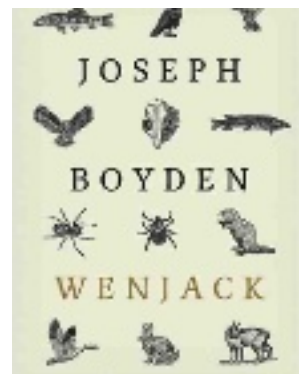
"In so many ways, he's symbolic of the true tragedy of the residential school system. He puts a face to it, and we all recognize that," Boyden said in a recent interview.

Downie translated a collec-

tion of poems into music with his latest solo project, *Secret Path*. The 10-track album is accompanied by a graphic novel by Jeff Lemire and an animated film slated to be broadcast by CBC on Sunday.

In *Wenjack*, Boyden presents a fictional retelling of the young Ojibwe boy's story. Chanie is followed by Manitous, or spirits of the forest, which provide commentary as well as a form of comfort on his attempted journey home. The book features illustrations by Cree artist Kent Monkman depicting the various Manitous, which include an owl, mouse, pike and wood tick.

"The animals start showing up and telling the bigger story and Chanie's telling his story,"



I felt like I was channelling something important.

Joseph Boyden

said Boyden. "I did not plan for that book to come out that way, but I felt like I was channelling something important."

Boyden said he has spoken on the phone with Pearl Achneep-ineskum, Chanie's sister, and wanted to ensure he had her blessing to proceed with the project. His author's note is accompanied by the only known existing photo of Chanie, sporting a shy smile.

Boyden said he was also asked by electronic music group A Tribe Called Red to contribute a few spoken word tracks on Chanie, while Métis filmmaker Terril Calder has created a stop-motion animated film.

"It was really this kind of interesting collaboration where we didn't really converse with each other. All of these different artists went to their places all with the understanding that on Oct. 18, let's release it to the world."

Clocking in just under 100 pages, the *Wenjack* novella is Boyden's shortest work but one that had a profound impact on the award-winning author, who said he cried while writing the end of the book.

"It was exhausting to write, but it was also kind of a joyful experience. I think there's hope in this story. Chanie gets to breathe again, but in a different way. He gets to have his story told. He doesn't want to be forgotten. He wants to be around."

"I could sense that about him, you know? Maybe this is how he gets to do it — all of these different artists breathing life into it."

THE CANADIAN PRESS

BOOK WORM

Nova Scotia author taps into witching power with new novel

Sue Carter
For Metro Canada



Nova Scotia author Ami McKay has always been open to the occult and inexplicable magical occurrences, from her early days insisting on dressing as a witch every Halloween, through her black-lipsticked teenage goth years.

Beloved for her historical fiction since the arrival of her best-selling 2006 debut novel, *The Birth House*, McKay has found a way to incorporate her love

of the unknown into the genre with her new book, *The Witches of New York*.

"It feels like a natural progression but I think some people will find, because there is so much magic in it, that it is a departure from straight-up historical fiction," McKay says. "But I found it really freeing to write about magic as if it's real."

The Witches of New York was originally born because McKay couldn't let go of Moth, the mind-reading protagonist from her last novel, *The Virgin Cure*. In this new story, set in 1880s New

York City, Moth — who now goes by the name Adelaide — has opened a tea shop with Eleanor, a witch who administers all sorts of potions and herbal remedies to high-society ladies. When a young woman named Beatrice, with mystical powers of her own, begins working at the shop, both the spiritual and physical worlds are shaken up by her presence.

Like McKay's previous books, *The Witches of New York* is bound together by her deep research, feminist passion and love of the era. But something else — magic again, perhaps — was

at play here. While writing, McKay takes breaks for brain rest. Baking, gardening, beekeeping and *World of Warcraft* have been great distractions.

But during *The Witches of New York*, she began doing genealogical research, and discovered that Nathaniel Hawthorne, author of *The Scarlet Letter*, was a very distant cousin. As McKay was reading his biography, she made an unsettling discovery: she is also related to one of the harshest judges who presided during the Salem witch trials, when 20 people were executed for practi-

cising the "Devil's magic."

"It made me angry. Here I am writing about witches and misogyny and feminist power, and he's the one I'm related to," McKay says. "I wrote in my journal that day, 'I'm going to make this guy roll in his grave.'"

But the "most moving and emotional experience" for Mc-



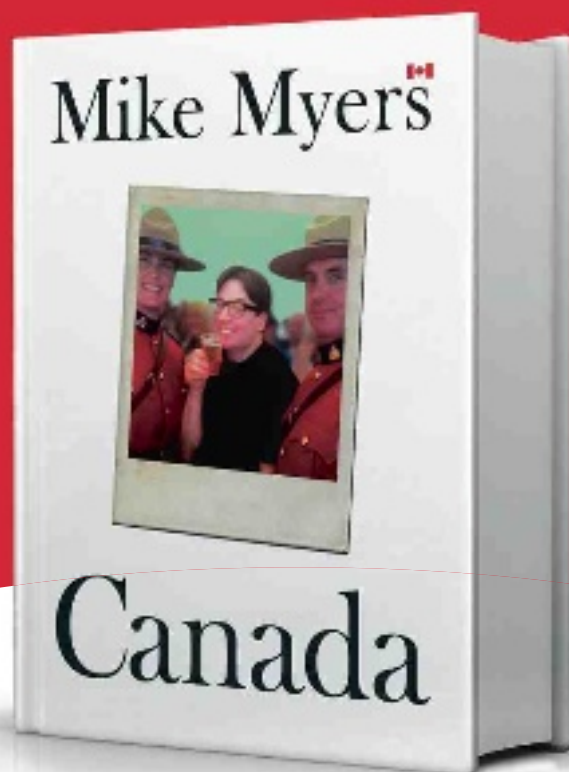
Kay was also learning that she had an aunt who was hanged for witchcraft in Salem, and four more who were accused, but not killed.

"Perhaps these things are in our blood — we carry this genetic memory with us," she says.

Sue Carter is the editor at Quill & Quire magazine.

Oh Canada

Mike Myers' hilarious and heartfelt look at Canada is part memoir, part history, and pure entertainment.



“A celebration of the country, chock full of personal and cultural pictures and artifacts....CANADA [is] funny, but it's also thoughtful [and] heartwarming....”

Postmedia

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WHERE GREAT BOOKS ARE SOLD



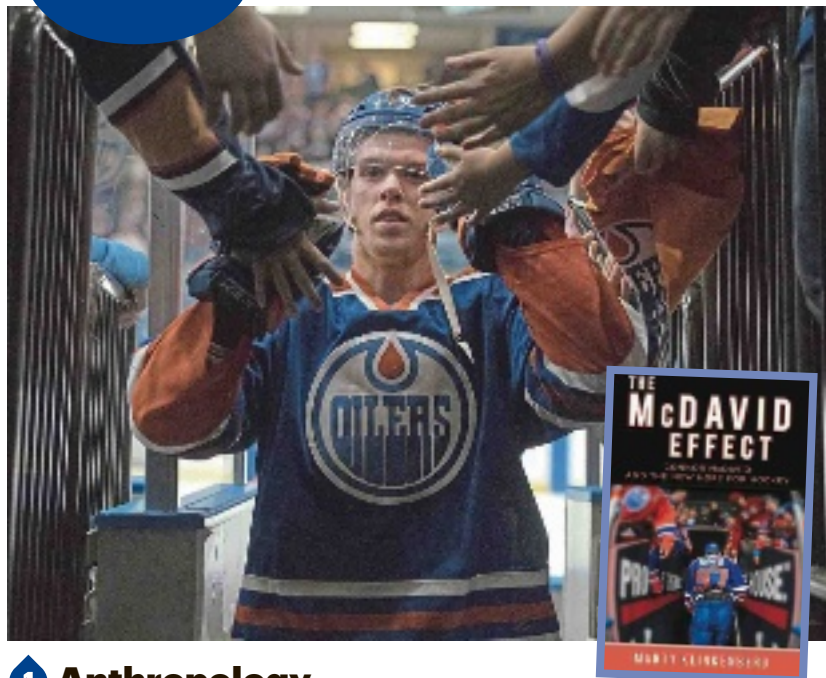
Penguin
Random House
DOUBLEDAY CANADA

5

READS CELEBRATING HOCKEY

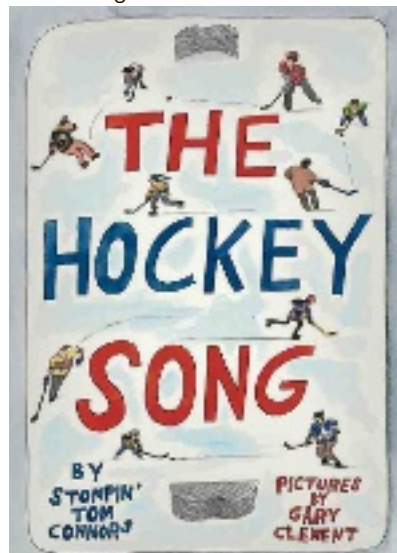
Put on your skates: It's the dawn of a new NHL season, and these five new books should score with fans — both diehard and bandwagon.

TORSTAR NEWS SERVICE



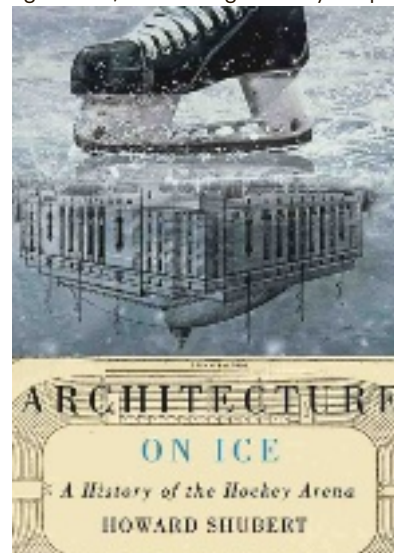
1 Anthropology

The McDavid Effect: Connor McDavid and the New Hope for Hockey by Marty Klinkenberg is about so much more than Connor McDavid, or indeed a game involving ice, rubber and sticks. It is, in effect, a work of social anthropology documenting how a 19-year-old kid born in Richmond Hill, who grew up in Newmarket, Ont., has instilled renewed pride in the Edmonton Oilers and a city sorely in need of a renewed sense of itself. McDavid, who became the youngest captain of a team in NHL history earlier this month, joined the team at the beginning of the last season, so Klinkenberg has done some breakneck skating himself, concluding his story in April.



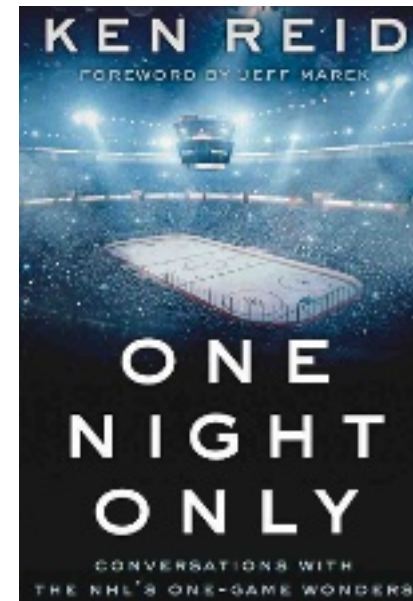
3 Music

Stompin' Tom's iconic "The Hockey Song" has been — and still is — played at games throughout North America, a rousing paean to, in his words, "the best game you can name." Now the new book **The Hockey Song**, Stompin' Tom Connors arrives for a new generation illustrated by the inimitable Gary Clements, who begins with a dad and his son heading out for a shinny game in an urban rink, the city lights twinkling in the distance. Everyone is included, black, brown and white, men and women, young and old, wearing every team insignia imaginable.



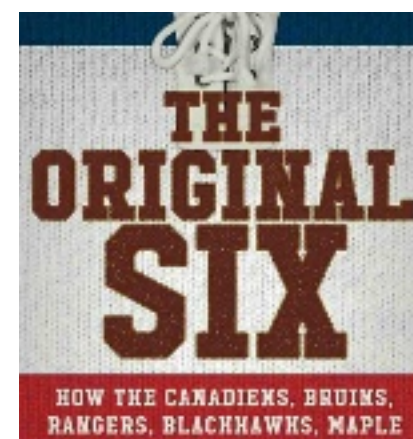
4 Design

In **Architecture on Ice: A History of the Hockey Arena**, Howard Shubert, the former curator of prints and drawings at the Canadian Centre for Architecture, presents this definitive tour of skating rinks and arenas — including 164 archival photos — from the earliest days, when community rinks were primarily venues for fun and flirtation to today's mammoth entertainment centres, where hockey is but one of the draws. Fun fact: arenamaps.com lists almost 3,000 indoor and outdoor rinks in Canada, more than 1,000 in Ontario alone.



2 Anthology

Here's a nifty idea for a hockey book: Ken Reid, the co-anchor of Sportsnet Central, tracked down 40 of the 350-odd men who have played a single NHL game for **One Night Only: Conversations With the NHL's One-Game Wonders**. Each explains how their one game came about, and how it felt to play in the world's greatest hockey league, if only briefly. Reid has an encyclopedic grasp of the game and an affable storytelling facility. Fun fact: His final one-game wonder is Don Cherry, in 1955 a 21-year-old first-year pro, who one night played for the Bruins against the Canadiens.



5 History

The Original Six: How the Canadiens, Bruins, Rangers, Blackhawks, Maple Leafs, and Red Wings Laid the Groundwork for Today's NHL will prove irresistible for hockey historians and trivia buffs. Each team — from Montreal (1909, at the Jubilee Arena), Toronto (1917, at Mutual Street Arena, when the team was called the Toronto Arenas), Boston (1924, at the Boston Arena), New York Rangers (1926, at Madison Square Garden), Chicago (1926, at Chicago Coliseum) and Detroit (1926, at Border Cities Arena, in Windsor) — gets equal time.

Climate change doc inspired by DiCaprio

INTERVIEW

Canada-centric film forced Leo to be himself

Canada features prominently in Leonardo DiCaprio's new climate-change documentary *Before the Flood* and director Fisher Stevens said he was "really horrified" by scenes of the oil sands in north-eastern Alberta.

"It does employ a lot of people," said Stevens of the oil industry, during an interview at the Toronto International Film Festival, where *Before the Flood* had its world premiere. The documentary will be screened in 171 countries, in 45 languages, when it debuts on the National Geographic Channel on Sunday.

"Look, we all want work, we all need jobs — God knows. And it would be great if it was like: 'Now, we take all of these people and we replant all of that forest.' Wouldn't that be amazing?"

DiCaprio is a producer on the film, which sees the actor travel to several continents and the Arctic, meeting with political and religious leaders, scientists and activists.

The Oscar-winning actor has been a longtime advocate for environmental issues, and was designated a United Nations Messenger of Peace with a special focus on climate change in 2014. Still, Stevens said DiCaprio was initially hesitant to appear on-screen, despite his passion for the film and the cause.

"He called me and he said: 'Hey, man, the planet's getting worse and I want to make another climate-change movie, and

I want you to do it with me'" recalled Stevens, an actor and filmmaker whose past environmentally focused projects include *Mission Blue* and *Racing Extinction* and working as a producer on the Oscar-winning documentary *The Cove*.

"He said: 'Yeah, I'm willing to be in this one.' And I think he regretted that for sure — at first. He wasn't used to having the cameras in his face like that, and he was quite uncomfortable at times, not having lines, not playing a character — just being Leo."

"He's a wonderful person," Stevens added. "(I said to him): 'You're the guy. If ever we can use a movie to move the needle, you're the guy.'"

The timing of the documentary's release is no coincidence. The duo was determined to have it completed in advance of the looming U.S. election.

"The Senate and the Congress, as you see in the film, is full of people on the payroll of the fossil fuel industry, and (who) are worried that they're going to lose their seats if they push the climate agenda," said Stevens.

"We're going to have some swing state screenings (and) get rid of these people if we can. It's really time. It's finally time that people wake up."

Stevens remained buoyed by positive trends that have emerged, pointing to renewable energy becoming more affordable, U.S. President Barack Obama speaking out on climate change, as well as Pope Francis's encyclical on the environment.

"We're not trying to preach to the converted. That wasn't our interest." THE CANADIAN PRESS



Dr. Enric Sala, National Geographic Explorer-in-Residence and Leonardo DiCaprio, right, in the Canadian Arctic near the North Pole, filming the new documentary *Before the Flood*. CONTRIBUTED/THE CANADIAN PRESS



JOHANNA SCHNELLER WHAT I'M WATCHING

Captain obvious helms *Locked Up Abroad*

THE SHOW: *Locked Up Abroad*, Season 10, Episode 1 (T&E)
THE MOMENT: The master of understatement

Jim Pap Rocki tells his story to the camera, accompanied by filmed, bad-wig recreations: In 1972, he's 19, newly married. His wife is pregnant. He needs cash. His glamorous brother-in-law is flying 1,000 kilos of marijuana out of Mexico. Jim agrees to as-

sist him for \$20,000.

While flying home, the extra fuel tank reheats. The dope catches on fire. The plane crashes.

The Americans are arrested, tortured with cattle prods, and sentenced to five years in a terrifying Mexican prison. Jim hears of a jailbreak plan. He gets his brother Kurt to wait outside in a car. The jailbreak fails. Kurt is tossed into the prison.

"So now I'm thinking," Jim

says, "this is really starting to become a nightmare."

NOW it's a nightmare? First of all, I find it remarkable that there are nine previous seasons of this series, given its rather limited scope. How different can the stories be? "I did something bad, I got caught."

I imagine everything hinges on how vividly the subject tells his tale. Ole' Jim here, he's a straight-up guy. We don't hear

the filmmakers' questions, but I can tell they're labouring to pry any emotion out of him: "You had a gun pointed at you — how did you feel?"

Jim's replies are, shall we say, pithy: "I realized we were in trouble."

Asked to sum up what he learned, Jim delivers my favourite line: "Looking back on it, it was not a very good decision." Best use of "very" ever.



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18

Music

metrolife

Making a doc about your heroes

INTERVIEW

**The super stress
 Mat Whitecross
 faced with the
 brothers Oasis**

Steve

Gow

For Metro Canada



It's a stern warning that has been repeated many times throughout history: You should never meet your heroes.

But that is exactly what documentary filmmaker Mat Whitecross did when he set out to make a movie about music superstars Oasis.

"I had the posters on the wall, I had the albums, the singles, I was reading about them every week in all the music magazines — so it was kind of nerve-racking," recalled the director of Oasis: Supersonic ahead of the music doc's theatrical release.

"I was expecting it to be a disaster."

Whitecross had good reason for concern. Not only did Oasis rise to become Britain's biggest band in the '90s with hits like Wonderwall, but the Manchester act's two leads — Liam and Noel Gallagher — became notorious for sibling squabbles and fights, erratic behaviour and caustic outspoken statements.

These guys weren't exactly ambassadors of affability.

"That's part of the reason we made the film," insisted Whitecross of the impetus to profile the estranged Gallaghers.

"You've got the two brothers and that love-hate relationship; that volatile thing that played out so publicly is fascinating. Bands now don't have anywhere near the kind of danger around them."

Buoyed by archive footage and intimate tales of scandalous road stories, Oasis: Supersonic has been gaining acclaim for its inspection of both the discord and devotion between the brothers that once brazenly called themselves the next Beatles.

Yet, even seven years after their final performance, Whitecross still isn't able to get the siblings together in a room to talk about the storied career that earned them a place in the Guinness Book of Records for most consecutive Top Ten singles.

"Liam will talk very affectionately about Noel and Noel similarly about Liam.

"Then five minutes later,



Noel Gallagher, one half of the perpetually squabbling siblings. The documentary Oasis: Supersonic will play Thursday, Oct. 27 on 40 screens across Canada. COURTESY JILL FURMANOVSKY

I've worked with a lot of musicians and actors and so on in the past and I never get stage fright, I never get nervous. But the first two times I met Liam and Noel separately, I was absolutely s—ing myself Mat Whitecross

WILD MOMENTS

The Whiskey a Go-Go Show

Oasis made their American debut at L.A.'s famous rock club Whiskey a Go-Go apparently after taking crystal meth. "It was a total disaster," said Whitecross.

"The set list was wrong, people were playing different songs. Then Liam threw a tambourine at Noel and Noel stormed off and quit the

band." Near-death in Detroit

Celebrating the band's success in America, Noel went on a drug binge and attempted to avoid slumber. "He didn't go to bed for like a week," said Whitecross.

"They had to take him to (a hospital) and pump him full of stuff to stop him from dying."

they slag each other off," laughed the 39-year-old filmmaker who has directed music videos for the likes of Jay-Z and Coldplay.

"I used to joke these are like

therapy sessions. For Liam, definitely — it was like the therapy he never had, but they both seemed to enjoy the process of going back in a huge amount of detail over the past."

comedy

metrolife

HAHAHA.COM/COMEDYTOUR

#YOW INDEX

The Kit Compact—Canada’s fave beauty and style brand—checks out Ottawa’s October style hit list



PHOTOGRAPHY BY PETER STIGTER

THE LIST FALL SHOPPING

We asked three stylish locals to share their top footwear splurges

ERIN ELIZABETH, @erinelizabethh

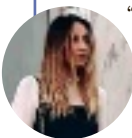


“A black boot is so classic, and you can pair it with so many different outfits. There is such a variety of styles out there now with such different details, which makes it fun to pick out a pair. I’d wear these booties with some skinny jeans, a tee and a leather jacket for a perfect weekend look.”

STEVE MADDEN, \$110, STEVEMADDEN.CA



CAROLYNN LACASSE, @carolynnlacasse

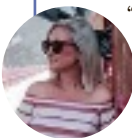


“Practically everything I own could be classified as ‘borrowed from the boys,’ and these stacked multi-coloured platform oxfords fit the bill! They’re the perfect shoes to transition into fall, and they look absolutely killer with a cute pair of textured socks when it gets cold outside.”

NICE THINGS AT SCHAD, \$238, WOLFANDZED.COM



KATIE HESSION, @yowecitystyle



“I wear a lot of black and white clothing but I love a sneak attack of colour courtesy of bright accessories, like these cobalt blue suede ankle boots. With statement booties like these, I’d keep the rest of my outfit a little simpler so that these beauties receive all of the attention they deserve.”

L'INTERVALLE, \$228, LINTERVALLESHOES.COM



THE FIND: HOT TOPPERS

Despite the plunging temperatures, these Canadian-designed pink coats are pretty enough to make us blush



FROM LEFT: MACKAGE, \$790, MACKAGE.COM. HILARY MACMILLAN, \$245, HILARYMACMILLAN.COM. SENTALER, \$850, SENTALER.COM.

THE EVENT: BOOBYBALL

Are you ready for a wild night for a crucial cause? Rethink Breast Cancer’s Boobyball is back on October 28, this time with a Paradise City theme. Lago Bar & Grill (1001 Queen Elizabeth Dr.) will be transformed into a jungle paradise where you can sip lush libations and shake your tropical tail on the dance floor. The party honours Rethink’s mission to encourage women to take charge of their breast health, all while raising funds to help those affected by the disease. Now what to wear? Think bright colours, leafy palm and animal prints... *boobyball.rethinkbreastcancer.com/ottawa/* —Katie Hession



COURTESY OF BOOBYBALL

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*Some exclusions may apply.

Halloween rises to the occasion

AUTUMN HOLIDAY

More popular than ever, the day's pagan roots spread

Izabela Szydlo

The 2,000-year-old roots of Halloween combine the ancient Celtic festival of Samhain, which marked the end of harvest season, and the eve of the Western Christian feast of All Hallows' Day. After its more spiritual beginnings, the holiday went through a few reincarnations before arriving at its current commercial form.

"By the time it came to North America with Irish and Scottish immigrants in the 19th century, it was more about playing tricks on un-neighbourly people," says Nick Rogers, professor at York University and author of *Halloween: From Pagan Ritual to Party Night*. "And a fortune-telling event

in which young women believed they could do tricks to conjure up the name of their future husband."

It wasn't until the 1950s that Halloween took on its kid-friendly form. The 1970s and '80s, meanwhile, saw it segmented into equal parts trick-or-treating for the kids and partying for the adults.

Now, according to the Retail Council of Canada, Canadians spend more per capita on costumes, candy and decor than Americans, with holiday-related spending second only to Christmas.

So what's next for Halloween?

"It's unpredictable but with social media, you can bet whatever happens on Halloween will go viral," says Rogers. "The celebration is definitely being exported around the world and lately has also brought into question how far can you go without offending people. It is testing the limits of tolerance and that might be its next stage."



As Halloween continues to evolve, its influence is spreading around the world, according to York professor Nick Rogers. ISTOCK

+ TRICK-OR-TREAT OUTINGS

Skipping the costume parties? Want to keep the kids entertained without sugar overload? We got you covered.

Adults only

- **Victorian Séance:** Led by a psychic medium, this experience on Oct. 30 (7-9 p.m.) at the Billings Estate National Historic Site includes hot cider and a talk about the darker side of history.
- **Haunted Walk:** This darkened walk on Oct. 30 (8-10:30 p.m.) starts at Tabaret Lawn and proceeds to downtown Ottawa monuments while participants listen to creepy stories and history.
- **Hull-oween Night Ride:** On Oct. 31 (6-10 p.m.) riders will dress up and decorate their bikes for a recreational ride, followed by costume judging, dinner and more. The ride starts at Mill Street Brew Pub. Proceeds benefit the Royal.

Kid-friendly

- **Saunders Farm:** More than 35 attractions, live shows, a parade, food booths, hedge mazes and more will keep the entire family entertained until Oct. 31 (10 a.m.-5 p.m.).
- **Pumpkinferno:** Seven thousand hand-crafted pumpkins are on display just inside the gates of Upper Canada Village on select nights until Oct. 30 (7-10 p.m.).
- **Barnyard Halloween:** On Oct. 29 and 30 (9:30 a.m.-4 p.m.), guests to the Canada Agriculture and Food Museum can make ghoulish treats, create creepy crafts, join in a costume parade and more.

IZABELA SZYDLO



ISTOCK

Homemade costumes rule

It's a few days before Halloween and you're thinking you'll just run into a costume store and grab something off the rack, but where's the fun in that? This year, say two DIY queens, get a bit more creative.

"Making costumes is a part of the Halloween experience," says Kelsey MacDermaid, one half of Toronto-based Youtube duo The Sorry Girls, who have been putting together costume and other DIY tutorials for their nearly 700,000 subscribers for the last seven years. "It is the one time of the year you can be silly and homemade costumes allow for that better than store-bought."

Getting started

A good place to start, says MacDermaid's DIY partner, Becky Wright, is by thinking of your interests. With pop culture being a natural place for inspiration, MacDermaid and Wright predict that Netflix's *Stranger Things*, *Wonder Woman* (who has a new movie coming out next year), and *Suicide Squad* character Harley Quinn will all be popular. However, just because something is popular, they say, doesn't make it the best choice.

"Unless you're wearing a Nasty Woman T-shirt, I don't



Whether you opt for traditional, pop culture-inspired or spooky, creating your own costume is more fun. ISTOCK

want to see any Donald Trumps or Hillary Clintons, especially in Canada," says MacDermaid. "But, those will likely be the most popular because they're easy."

Dressing for the weather

And if you're worried about those dropping temperatures, Wright says there are ways to

+ TOP DIY TO TRY

The Sorry Girls share their Top 3 last-minute ideas

1. Taxidermy and hunter

For this couple's costume, cut antlers out of foam and a big plaque out of cardboard to wear around your neck if you're the taxidermy deer. For the hunter, grab camo clothes and an olive green vest.

2. Trolls

Remember the dolls with colourful, up-combed hair? Find a coloured wig, tie it in a topknot and pair it with a nude-coloured onesie.

3. Damn Daniel

To be the white Vans-wearing kid who went viral this year, all you need is white shoes, jeans and a T-shirt.

keep warm without losing your costume's effect.

"Be a Ghostbusters character by sprucing up a one-piece jump suit, which means you can layer on clothes underneath," she says. "Another DIY we did on our channel was Cruella de Vil from 101 Dalmatians with that giant fur coat of hers, which you'll find at a thrift store."

— IZABELA SZYDLO



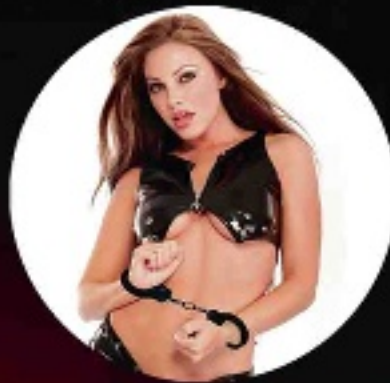
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Celebrating 75 years of powersports innovation and firsts

In 2017, BRP — a world leader in the design, manufacturing, distribution and marketing of motorized recreational vehicles and powersports engines — is turning 75 and celebrating a long history of homegrown innovation.

“We are proud to have our roots here in Canada,” says Magali Valence, senior advisor of global communications at BRP. “Our head office, Ski-Doo and Can-Am Spyder manufacturing site, design and innovation centre, and our main product development facility are still located in Valcourt, Que., where it all started.”

The company, founded by inventor Joseph-Armand Bombardier, set in motion what would become a track record of firsts: the first auto-neige, the first snowmobile, the first personal watercraft and the first Can-Am Spyder 3-wheel vehicle.

BRP also broke new ground in areas such as safety with the first on-water brake, ergonomics with the REV platform on its Ski-Doo snowmobiles, and fuel efficiency and performance with its Rotax and Evinrude engines. Over the years, BRP has received many awards for its innovations. Today, it is the only powersports original equipment manufacturer in Canada.

It is this kind of forward thinking, says

Valence, that has taken BRP, now a standalone publicly traded multi-national company with annual sales of \$3.8 billion in 2015, worldwide. It sells its vast profile of products, including Ski-Doo and Lynx snowmobiles, Sea-Doo personal watercraft, Rotax engines, Can-Am off- and on-road vehicles and Evinrude outboard engines, in more than 100 countries.

“Innovation is a priority for BRP,” says Valence. “We have multiple research and development facilities around the world. This is what keeps us ahead in the market.”

Closer to home, says Valence, the company is encouraging its customers to get an up close and personal look at BRP and its products with a new initiative.

“For visitors to Montréal who want to know more about BRP, we now have a new storefront, Espace BRP, where we have our latest products showcased,” she says.

To learn more

For more information about BRP, visit brp.com. To learn more about Espace BRP, visit facebook.com/BRPSpaceMTL.



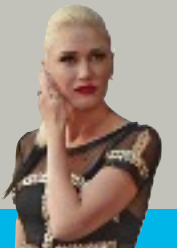
CONTRIBUTED



THE ADVENTURE
ALWAYS BEGINS HERE

WWW.BRP.COM





MEET THE CONDO

Stylish by the Rideau

Project overview

The Slater, a condo by Broccolini, is situated right in the downtown core and the units are already 90 per cent sold. The black and white exterior design creates a stylish front to the 22-storey high-rise. Some units can be ready for move-in this November.

In the neighbourhood

The Rideau Canal and a network of biking and walking paths are close by. Blocks away from Parliament Hill, the National Arts Centre, Sparks Street and the Rideau Centre, there's plenty to do and see in the area. The condo is within walking distance of nearly anything that residents could need in the way of shops, restaurants or night life.

Location and transit

Right in Ottawa's central business district, The Slater is great for those working downtown, as it's extremely easy to walk or bus to work. Public transit is quite literally on the doorstep, with main bus routes running along Slater Street. Hwy 417 is relatively close as well.

Housing amenities

The units include finishes such as nine-foot ceilings, wood flooring, quartz countertops, stainless steel appliances and a stackable washer and dryer. The condo's amenities include a fitness centre, lounge, dining area and private screening room. There is also a terrace with a hot tub and several cozy seating areas.

ILANA REIMER/FOR METRO

+ NEED TO KNOW

What: The Slater
Builder: Broccolini
Designer: Chmiel Architects Inc.
Location: Slater Street
Building: Condominium
Size: 594 sq. ft. to 1,909 sq. ft.

Pricing: Starting at \$306,200
Model: One to two bedrooms, one to 2.5 bathrooms
Status: Now selling
Occupancy: November 2016
Sales centre: 199 Slater St.
Phone: 613-230-0199
Website: theslater.ca

THE SLATER



CONTRIBUTED

PHILADELPHIA

Prince Albert II tours, inspects new digs: mother Grace Kelly's home

Prince Albert II of Monaco was in Philadelphia on Tuesday inspecting a house he recently purchased: the home where his mother, Oscar-winning actress Grace Kelly, grew up and accepted a marriage proposal from his father, Prince Rainier III.

Albert spent nearly an hour inside the home and walking around the property, which he bought for \$754,000. He waved to the media and a handful of fans lined up on the sidewalk across the street from the home, but made no public statements.

His cousin, John B. Kelly III, attended the inspection with

Prince Albert and said afterward the prince is still considering ideas about what to do with the 2.5-storey Colonial home.

Kelly said it's possible the home could house the U.S. office of the prince's charitable foundation, which focuses on environmental issues. He said they were also discussing ways the space could be used to showcase interests that Princess Grace held dear, like fashion, Irish literature, drama and athletics. But opening it as a full-time museum is unlikely, adding, "If it was successful, the neighbours wouldn't like

us very much."

For now, they are focusing on getting the home back in good condition while discussing ideas for its use.

Kelly said they spent the time inside the house Tuesday reminiscing about parties and "hanging out in the garage."

The home was built in 1935 by Grace Kelly's father, John B. Kelly. He was a three-time Olympic gold medal-winning rower in the 1920s and later a prominent businessman active in Philadelphia politics.

Grace Kelly left Philadelphia at age 20 for Hollywood but

remained adored by Philadelphians through the years. The city mourned after she died in 1982 from injuries she suffered in a car crash in France that involved her teenage daughter. She was 52.

Once asked about memories growing up in Philadelphia, Kelly recalled walking along the Wissahickon Creek in Fairmount Park, saying it was her "greatest treat."

Her childhood home last made headlines in 2014 when its 81-year-old former owner pleaded no contest to animal cruelty charges for keeping cats

and dogs in unsanitary conditions. Officials with the Pennsylvania Society for the Prevention of Cruelty to Animals seized 15 cats from the home and found the remains of several others. The owner had lived in the large brick house since 1973.

John Kelly said Prince Albert had wanted to purchase the home for a few years, but it hadn't been on the market until now.

"It's been his idea and he really wanted to do this to preserve his mother's house, so he's very happy right now," Kelly said. THE ASSOCIATED PRESS



The prince, centre, visited his recent purchase Tuesday. MATT ROURKE/THE ASSOCIATED PRESS

Zack's career moving forward

NHL

Self-proclaimed 'late bloomer' Smith becoming attacking threat

Zack Smith believed he was capable of more, but just needed an opportunity to prove it.

Last season the Ottawa Senators forward turned heads when he posted career numbers with 25 goals and 36 points. Suddenly the player known for his defensive abilities was showing an offensive flair, and this season he's determined to prove it wasn't an anomaly.

"I've always been a late bloomer in everything I've done so I'm 28 now and I don't feel I've been playing near my best hockey yet so it's nice to be getting better every year," said the Maple Creek, Sask., native.

"Now getting a chance to play not only regular PK, but on the power play too, which is something I haven't had an opportunity to play in a long time. I think last year was a big step in that I can produce offensively if put in that role."

The problem is Smith, who has played over 400 NHL games, has rarely been given offensive opportunities.

Drafted in the third round, 79th overall, by the Senators in the 2008 NHL Entry Draft as a 19-year-old, Smith made

36

Number of points Zack Smith scored for the Senators last season.

a strong first impression at his first camp and was the final cut before being assigned to the Binghamton Senators, where he had 24 goals and 48 points.

Smith made a strong impression when recalled in January of the following season and played in all six playoff games. In 2010-11 Smith was recalled three different times, but felt his greatest development came from Binghamton's playoff run that resulted in a Calder Cup.

"I really liked Zack as a player and a person," said former Senators head coach Cory Clouston, who also coached Smith in Binghamton. "Zack was a third or fourth liner for me in Ottawa. He was young and wasn't ready for top six, but in Binghamton as a rookie I used him as a top-six forward."

"He scored 24 goals as a 20-year-old rookie and I saw a lot of offensive upside in him. He showed he had that potential offensively with me in Binghamton and is now starting to show it in the NHL which is great."

In 2011 Smith signed a two-year, one-way contract, but was clearly identified as a checking centre playing mostly on the third or fourth line.

It wasn't until last season when injuries forced then head coach Dave Cameron to do some creative juggling that Smith was given an opportunity to play with Mark Stone and Jean-Gabriel Pageau.

The trio had great chemistry,

“

I don't feel I've been playing near my best hockey yet so it's nice to be getting better every year.

”

Zack Smith

and Smith scored 16 of his 25 goals through the last 30 games.

"Confidence wise it was probably my biggest confidence builder since winning the Calder Cup," Smith said. "Just a lot more confidence with the puck, a lot less second guessing myself which has been an issue with me, like with a lot of players, but you find stuff to build on and you try to keep building off that and I think last year was a big part of it."

Early in the season Cameron had made Smith a healthy scratch and the two seemed to be at odds at times, but in Guy Boucher Smith seems to have found a fan.

"He's one of those guys that we don't have enough of," Boucher said following the Senators' 7-4 victory over the Phoenix Coyotes last week, mentioning Smith's abilities on special teams, defensive responsibility and perseverance.

"He's got an emotional part to his personality, also. The guys love him, so he's got some leadership. He's got so many things he brings to this team ... so I really enjoy having him on the team."

"I would take three more of him." THE CANADIAN PRESS



Senators forward Zack Smith is finally getting recognition for his offensive play after beginning his career as a defensive player. ELSA/GETTY IMAGES

NFL

Anderson seeking extra injury advice

C.J. Anderson is seeking a second opinion on his injured right knee 48 hours after his best performance of the season sparked Denver's 27-9 win over the Houston Texans.

The Broncos are unsure how long he might be out.

Running back Anderson, who signed a four-year, \$18-million contract in the off-season, bruised his right knee on his final carry of the first quarter Monday night, an 11-yard run.

THE ASSOCIATED PRESS



Broncos running back C.J. Anderson GETTY IMAGES

IN BRIEF

Marathon winner to be stripped of Boston title
Organizers of the Boston Marathon are stripping Kenyan runner Rita Jeptoo, 35, of her 2014 victory as part of the athlete's newly extended doping ban.
The Boston Athletic Association announced Wednesday that it will seek to reclaim Jeptoo's winnings and is starting the process to adjust race results. Jeptoo tested positive for a banned hormone in 2014. Her ban now extends to October 2018. THE ASSOCIATED PRESS

Romo back in training
Tony Romo participated in throwing drills at practice Wednesday for the first time since the Dallas quarterback broke a bone in his back in a pre-season game at Seattle in August.
Romo, 36, worked in several individual drills in shorts and a T-shirt with his teammates in full pads. While he almost certainly won't play against Philadelphia on Sunday, it's positive news for the Cowboys who are 5-1 with pivot Dak Prescott. THE ASSOCIATED PRESS

SOCCER

Mata settles derby as United goes through

Jose Mourinho got his own back on great managerial rival Pep Guardiola as Manchester United beat a weakened Manchester City 1-0 in the fourth round of the English League Cup on Wednesday, with Juan Mata scoring a second-half winner.

Six weeks after City's 2-1 win at Old Trafford in the Premier League, United got a measure of revenge as Mourinho's decision to play a virtually full-strength team paid off.

Mata fired home from 10

metres in the 54th minute following a lay-off by Zlatan Ibrahimovic, ensuring City is now winless in six games under Guardiola — the worst run of the Spaniard's distinguished coaching career.

It was Mourinho's fourth win in 18 meetings with Guardiola and an important win psychologically for United after a 4-0 loss to Chelsea in the Premier League — the worst loss ever for Mourinho in English football.

THE ASSOCIATED PRESS

Westbrook steps up to lead Thunder

NBA

Spotlight firmly on point guard after Durant's exit

There were few indications before August that Russell Westbrook would be so willing to be the hero downtrodden Thunder fans needed.

For years, the sometimes combustible Westbrook toiled in Kevin Durant's shadow. He often was viewed as the talented, selfish player who was as likely to get in Durant's way as he was to make a winning play. His flashy style seemed at odds with small-market Oklahoma City so when Durant, who seemingly was a better fit in OKC, left for rival Golden State, fear that Westbrook would bolt for a larger market increased.

He didn't. He chose to re-sign with the Thunder and now that he has answered the call, it's time to deliver.

"We know a few things about Russell at this point," Thunder general manager Sam Presti said. "He's going to bring his lunch pail every day. He's going to compete. He's going to inspire. He's going to show great conviction and courage to his teammates, to the city, to the organization. And from there, we have to figure out how that comes together."

That trek began Wednesday in Philadelphia when Oklahoma City officially tipped off the post-Durant era in its season opener against the 76ers.

Westbrook is now the unquestioned leader of the Thunder and player folks behind the



Russell Westbrook averaged 23.5 points and career highs of 10.4 assists and 7.8 rebounds last season. LLUIS GENE/AFP/GETTY IMAGES

scenes knew — the thoughtful, humble, giving man — has more readily come to the surface. He has gone to great lengths to connect with Thunder fans in recent months.

Among other things, he unveiled his new line of True Religion clothing near downtown Oklahoma City and he attended an Oklahoma

home football game against Louisiana-Monroe wearing a custom-made Sooners jersey. When he was introduced to the crowd before the Thunder's pre-season home opener, he got the kinds of cheers normally reserved for a return from injury.

Westbrook seems more at ease on the court, too. His pre-season play

seemed more effortless than electric, with an occasional flourish.

"I want the team to play how they want to play," Westbrook said. "I mean, it's not totally up to me how we play. You have to adjust to the team you have and adjust on a night-in, night-out basis on how you want to play. You want to play fast some nights and you want to play slow. I think it depends on the game, on the situation, who is on the floor."

THE ASSOCIATED PRESS

18

Westbrook posted 18 triple-doubles last season, the most for a player since Magic Johnson had 18 during the 1981-82 season.

WORLD SERIES

Miller time is any time for Cleveland

David Ross marvels at Andrew Miller and the break on his sinister slider.

"He's hard to catch," said the Chicago Cubs catcher and Miller's teammate in Boston three years ago. "When you know he's hard to catch, you know he's hard to hit."

Miller escaped a pair of jams to pitch two scoreless innings and help the Cleveland Indians beat the Chicago Cubs 6-0 in the World Series opener Tuesday night.

A six-foot-seven lefty with an enormous wingspan, Miller has developed baseball's most unhittable pitch. He is perhaps the biggest factor in Cleveland's first AL pennant since 1997, a throwback willing to close or enter in the middle innings.

"It kind of sets the tone for our mindset as a club, just trying to figure out a way to help your team win," Cleveland closer

Cody Allen said.

Now 31, Miller was acquired from the Yankees on Aug. 1 for four prospects. He has thrown 22 scoreless innings in post-season play, including 13-2/3 innings with 24 strikeouts this year. He was voted AL Championship Series MVP, a rare setup man to gain a post-season honour.

“

If that requires me to pitch the second inning or the ninth inning or play shortstop, I don't really care.

Andrew Miller

"I would say before that, his resumé is not too shabby, either," Indians manager Terry Francona said during the series against Toronto. "There's a reason we gave up what we did for him. We thought

that he could be a guy that we could leverage in situations like we have. And it would make our bullpen that much better and give us a chance to keep playing."

THE ASSOCIATED PRESS

Go to metronews.ca for more World Series coverage.

SUPPORTING THE HOME TEAM

Fan gives up seat on flight to first-pitch hurler

A longtime Cleveland Indians fan says he didn't think twice about giving up his plane seat to make sure former outfielder Kenny Lofton arrived in time to throw out the ceremonial first pitch as this year's World Series began.

Ken Kostal says he was waiting to board a delayed flight from Los Angeles to Cleveland early Tuesday when he overheard Lofton saying he wasn't sure he'd get a seat on the plane.

THE ASSOCIATED PRESS

Born to root for the Indians

Newborn babies at an Ohio hospital have joined the ranks of Cleveland Indians fans.

The Cleveland Clinic says at least five babies born Tuesday at its Fairview Hospital were dressed in World Series onesies. It says babies born throughout the World Series at several of its hospitals will be dressed in the outfits to help cheer on the Indians' quest for a championship as they take on the Chicago Cubs.

THE ASSOCIATED PRESS

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Ottawa
metro



RECIPE Beef & Mushroom Stew



PHOTO: MAYA VISNVEI

Ceri Marsh & Laura Keogh
For Metro Canada

A hearty stew bubbling on the stove will warm you up this fall.

Ready in 1 hour 20 minutes
Prep time: 1 hour 20 minutes
Serves 4

Ingredients

- 2 lb stewing beef
- 2 Tbsp flour
- Salt and pepper
- 2 Tbsp olive oil
- 2 onions, diced
- 3 cloves garlic, minced
- 1 lb mushrooms, halved or quartered, depending on size
- 2 large carrots, diced
- 2 sprigs fresh thyme
- 1/3 cup tomato paste
- 1/2 cup white or red wine (optional)
- 4 cups beef broth

Directions

1. Shake flour onto a plate

and season with salt and pepper. Dredge meat through the flour.

2. In a big pot or dutch oven, warm olive oil over medium heat. Working in batches, brown meat. Place cooked meat on a clean plate.

3. Add in onion and garlic and sauté about 3 minutes. Toss in mushrooms and thyme and cook for another 5 minutes. Add to-mato paste and stir well. Cook for a couple of minutes.

4. Add the wine. Use a wooden spoon to scrape the bottom of the pot to loosen up all that caramelized beefy goodness. Add your stock and the beef, bring it to a simmer, cover and simmer for about an hour. Now add your carrots and cook about 10 minutes. Serve over mashed potatoes.

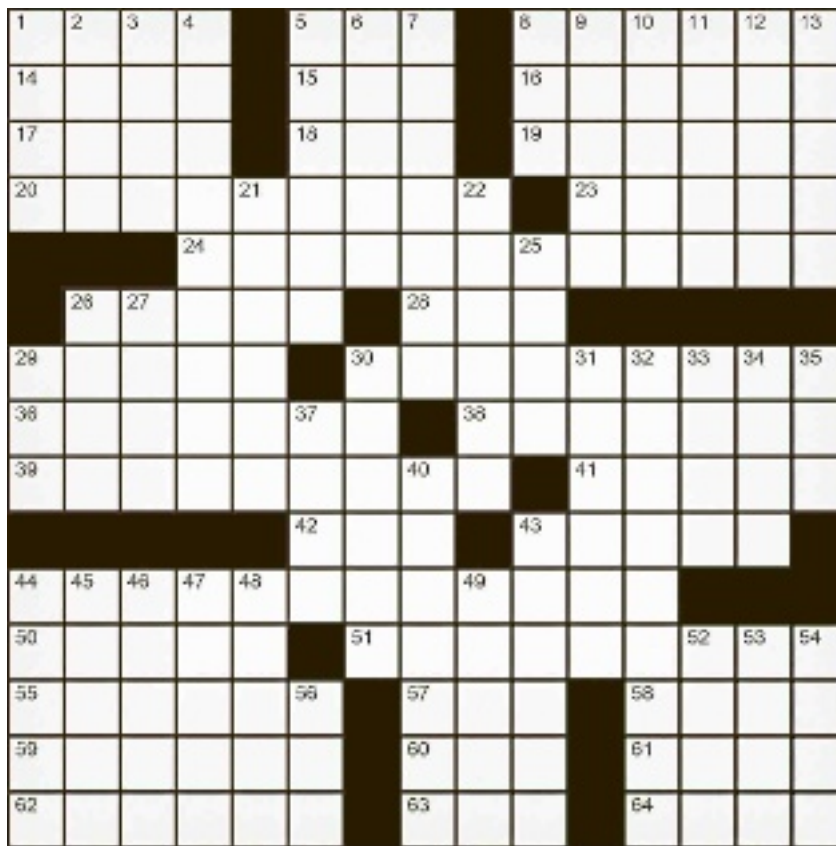
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Retro pop music syllable
5. “__-Devil” (1989)
8. “‘Cause __ like us, baby we were born to run.” - Bruce Springsteen
14. At any point
15. “K-__” (2001) starring Kevin Spacey
16. Cafe __
17. Lake, in Lombardy
18. Gravestone engraving
19. NFL player in Denver
20. Freezes over
23. 19th-century composer Mr. Bruckner
24. ‘Totem Poles, Gitsegukla’ is a 1927 oil on canvas painting by what Montreal artist?: 2 wds.
26. Sniff
28. Enunciate
29. American opera singer, Frederica von __
30. Professional recommendations
36. Plunge
38. Arboreal acme
39. Capricorn and Taurus: 2 wds.
41. Videotaped web journals
42. Universal ideal
43. Brings up
44. Northwest Coast port city in British Columbia: 2 wds.
50. “Madagascar” (2005) creature
51. Kraft products for salads
55. Evange-



line’s home

57. Pres. Eisenhower
58. Egotistical
59. Henpecked
60. Bamm-Bamm, to Barney
61. First word of Massachusetts’ motto
62. Drives too fast

63. __ up (Riled)
64. Fully satisfy

DOWN

1. Brussels is its cap.
2. Long circle
3. Big lottery in The States, __ Millions
4. One continuing ahead
5. Urban __
6. Port-au-Prince’s

- country
7. __ account
8. Binder section indicator
9. RR = __ Route
10. Beside
11. Type of fish, with Ray
12. Decorative edging in embroidery

13. Mick or Keith or Ron
21. Those loafing about
22. Mining passages
25. __ and terminer
26. Financial acct. summary
27. 1970 Three Dog Night hit: “__ Told Me (Not to Come)”
29. Ashley, to Mary-Kate
30. Consider
31. Styles of lapels or cuffs in fashion
32. Members of the family
33. ‘Origin’ suffix
34. Fireplace ashes, before they became ashes
35. Initials-sharers of the Oscar-winning star of “Milk” (2008)
37. Venue
40. Supply with sustenance
43. Begrudge
44. Builder’s drawings
45. Briefly summarize
46. Effigy
47. Prod
48. Wept
49. Variety of tea, Orange __
52. Singer Ms. Mouskouri
53. Central meaning
54. Olde dagger
56. Promos

★ IT’S ALL IN THE STARS Your daily horoscope by Francis Drake

♈ Aries March 21 - April 20
You will be powerful today during discussions about taxes, debt, shared property and inheritances. Knowing this, choose to go after what you want!

♉ Taurus April 21 - May 21
You might come on a bit too strong during discussions with partners and close friends. (Or perhaps they do?) Take a deep breath and step back. Easy does it.

♊ Gemini May 22 - June 21
You will accomplish a lot at work today, because you are focused and enthusiastic. Furthermore, when talking to others, you make a strong impression!

♋ Cancer June 22 - July 23
You are in touch with your creative vibes today, which is why this is a great day for artistic work or creative projects. It’s also a good day to teach children.

♌ Leo July 24 - Aug. 23
Tackle home repairs with enthusiasm today because you’re full of bright ideas! Family discussions also will be vigorous and exciting.

♍ Virgo Aug. 24 - Sept. 23
This is a strong day for those of you who sell, market, teach, act or write, because you are in touch with what you want to say. You know how to express your ideas!

♎ Libra Sept. 24 - Oct. 23
You will be convincing in matters related to business, cash flow, finances and making money. You might even teach someone about business or financial matters today.

♏ Scorpio Oct. 24 - Nov. 22
) Today it’s easy to put a lot of yourself into whatever you say. This is why others will listen to you. You are genuinely enthusiastic!

♐ Sagittarius Nov. 23 - Dec. 21
Your ability to research anything is tops today. You’ll be like a dog with a bone. You won’t give up until you find what you’re looking for.

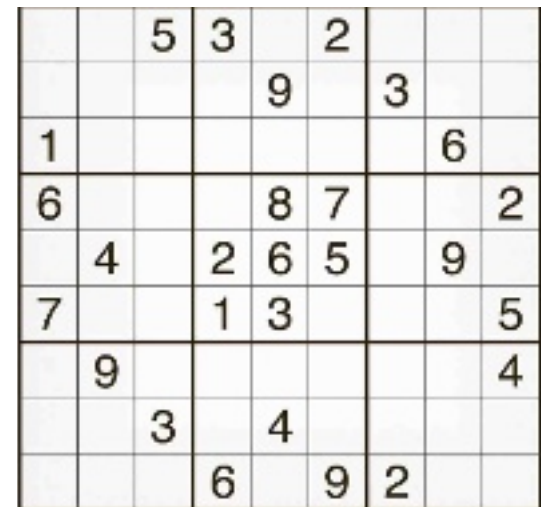
♑ Capricorn Dec. 22 - Jan. 20
Conversations with friends and members of groups will be lively today. Quite likely, you will take charge because there is something you want to say to everyone.

♒ Aquarius Jan. 21 - Feb. 19
You make a great impression on people in authority today, including bosses, parents, teachers and VIPs. They see that you believe what you say.

♓ Pisces Feb. 20 - March 20
This is an excellent day to study anything new. Some of you also will be excited about making future travel plans. Whatever you do, you will do it with enthusiasm!

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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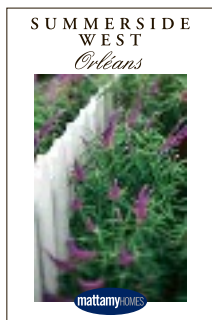
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